

Dominika Hertsb...: When you have a skeptic patient who comes in here and thinks, "I've tried everything. It's not going to work, but I'll do it anyways, just for the heck of it." They were led to believe by someone somewhere that the door to what they love doing is closing right now. And we need to combat that belief and tell them, no, there's a way.

Nolan Lee: Dominika and I went to school together. It was probably a month or two after we graduated and we talked and through a contact that she had, had a space that was available. We talked and we said, "Should we just start this practice?"

Dominika Hertsb...: It was almost a natural thing to start to practice together because with whom else? No one else knew me as well as he did, and no one else knew him as well as I did.

Nolan Lee: And we said, okay. We started in a one room split between both of us. And that's how we began. The main complaints about traditional western medicine are people don't spend time with you. You're a number. They don't really know who you are. There's no relationship with your doctors or your medical providers and there's a sense that you're ushered in and out as fast as possible.

Dominika Hertsb...: They're not really being treated for what they were supposed to be treated for. They're just given medication over and over and over. And it's like a vicious cycle, and no one is really getting better. Something is wrong with this philosophy. We are not treating a disease. We are not treating your knee pain, your shoulder pain, your back pain. We are treating you as a person.

Nolan Lee: Our philosophy's based on a combination of life experiences and learning. Both Dr. Hertzberg and I are certified yoga teachers. She comes from a massage background, which is very holistic in nature and very conservative in treatment. I have parents that do acupuncture and herbs, and we're both chiropractors. We often say no drugs, no surgery. On the other hand though, are very open to advances in technology. That's why we have machines that can treat neuropathy and show nerve regeneration.

Dominika Hertsb...: We have all those things. Why just limit yourself to one when you can have everything and really help a person?

Nolan Lee: Our environment and our energy. When people come in here, they say, "It's different." I quickly tell them that it's just, we have great people.

Dominika Hertsb...: Our patients love our team. Every single walk of life is incredibly welcomed in this office, and that's something that makes our jobs so full of passion.

Adrean Novak: Whether their injury is really chronic or quite small, we treat it the same. It doesn't matter what level you're on, your pain is real, and we're just recognizing it.

- Lauralea Thomas: Our positive energy here, our encouragement that we provide also stimulates these kind of responses where people want to get better.
- Speaker 6: You get into your groove with the folks that you are working with, but whether I was working with someone on Monday and then someone else on Wednesday, it was equally amazing experiences.
- Nolan Lee: It's sad, but a lot of people don't have a positive environment to go to. If you have that kind of supportive positive environment, you can accomplish a lot. A positive environment lends itself to the patient feeling heard and feeling like someone's taking care of you.
- Speaker 7: I don't want to keep going to physical therapy for the rest of my life, but it's just such an enjoyable experience to go in there and know that I can go back there at any point for some maintenance treatment and amazing care.
- Nolan Lee: More and more research will show that your mental status affects your health. If we can provide that healthy, positive environment, that's one step closer already.