

Lauralea Thomas:

My name is Lauralea Thomas, and I am the Nurse Practitioner here at Balanced Flow Wellness. I primarily do the initial consultations. I perform functional exams, and I also assess, diagnose, and begin the treatment plans. I really do get a lot of satisfaction in helping people and seeing people learn.

Everybody gets that light bulb that turns on when all of a sudden they see that relief of pain, reduction of symptoms. When those things happen, those are the exciting things. I've educated this person, they've done the work, things are coming together, and they're starting to see performance and results.