

Adrean Novak 1:

Her ability to actually turn off everything around her and just focus on a patient is unparalleled. I haven't been in a room with anyone else like that. Dr. Hertsberg can not only command attention if needed, but she can give it all to you as well.

Dr. Dominika Hertsberg:

I was actually working in a corporate housing company and I was dealing with customers day in, day out. I would sometimes come home at three o'clock in the morning just to wake up and do it all over again at 5:00 AM. It was pretty crazy. So life brought me to yoga and meditation. I thought, "Great way to chill a little bit, right?" And I did the teacher training in yoga and fell in love with how my body felt afterwards. So I got into massage therapy school, quit my day job, made no money. I was poor, dirt poor, but really happy and found this new passion for healing other people through touch, through my voice. I then enrolled into a chiropractic school, started cracking people up, but also got very involved in their rehabilitation. Started the company, and here we are years later. And the passion for the healing, for the art of making people feel better has not gone away.

Adrean Novak 2:

She's got a sensitive soul and she always is really conscientious of meeting patient needs and really wanting them to feel better. She's got a great ability to listen to what the patient is telling them and really meet them where they're at.

Dr. Dominika Hertsberg:

As I was teaching, I met this really cool guy. He was in his 50s at the time. Kept coming into my class and he was always in the back. And we never talked too much, but only a little bit. And finally, after about six or seven months, we started chitchatting. And one day, he tells me, "Dominika, I'm not going to be in your class for the next month." "Why? What's going on? Why? You've been here consistently for six months." And he said, "Well, one thing I never told you was when I first started taking your classes was because I couldn't tie my shoe. And I really wanted to ski with my boys." And he said, "Look at me now. I can tie my shoe and I will be gone for a month because I'm going to be hiking Kilimanjaro." Boom. That was it. I knew that I'm in the right place because he changed so much and he just made his life better. I knew this was something I will do for the rest of my life in some capacity.