

PATIENT PRIVACY

I understand that I have certain rights to privacy regarding my protected health information. These rights are given to me under the Health Insurance Portability and Accountability Act (HIPAA). I understand that by signing this consent I authorize Balanced Flow Wellness to use and disclose my protected health information to carry out:

- Treatment (including direct or indirect treatment by other healthcare providers involved in my treatment)
- Obtaining payment from third party payers (e.g., my insurance company)
- The day-to-day health care operations of Balanced Flow Wellness (including appointment reminder cards and confirming appointments at home or work)

I have also been informed of and given the right to review and secure a copy of the Notice of Privacy Practices, which contains a more complete description of the uses and disclosures of my protected health information, and my rights under HIPAA. I understand that Balanced Flow Wellness reserves the right to change the terms of this notice from time to time and that I may contact Balanced Flow Wellness at any time to obtain the most current copy of this notice.

I understand that I may revoke this consent, in writing, at any time. However, any use or disclosure that occurred prior to the date I revoke this consent is not affected.

Signature of Patient or Parent/Guardian

Today's Date

COMMUNICATION CONSENT

Balanced Flow Wellness has the ability to call, text and email patients for convenient communication. Patients may be contacted through these means for appointment reminders, clinic feedback or other communication needs.

- I consent to receiving appointment reminders and other healthcare communication from Balanced Flow Wellness via telephone.
- I consent to receive text messages from Balanced Flow Wellness for communications as stated above to my mobile phone and any number forwarded from or transferred to that number.
- I consent to email for receiving communications as stated above.

1. Email Risks. Email communication has associated risks that should be considered before use.

a) Email can be immediately broadcast worldwide and be received by many intended and unintended recipients; recipients can forward email messages to other recipients without the

